



# FINANCIAL SUPPORT FOR INDIVIDUALS IN ÅLAND

*A compilation of authorities and organizations  
that offer financial and/or material support  
to individuals in Åland*



# AUTHORITIES

## AMS

### *The Åland Government's Labour Market & Study Service Office*

**WE OFFER:** Financial support in the form of unemployment and study benefits. The basic requirement for being granted unemployment benefits is to be registered as a job seeker with us and be between 17 and 67 years of age. If you are under 25 years and lack education, you have an obligation to apply for a study program/course to be entitled to unemployment benefits. Study grants are given to those who are at least 17 years of age.

**HOW?** You register as a job seeker on AMS's website. You apply for benefits electronically through our website, but this can also be done on site.

#### **CONTACT INFORMATION:**

Address: Nygatan 5, Mariehamn, open Tuesday to Thursday between 10 am and 12 pm.

Website: [www.ams.ax](http://www.ams.ax)

Mail: [info@ams.ax](mailto:info@ams.ax) or [studiestod@ams.ax](mailto:studiestod@ams.ax)  
(regarding study grants)

Telephone: 018-25501



## FPA

### *KELA Social Insurance Institution of Finland*

**WE OFFER:** Financial support depending on the situation. We offer benefits such as housing benefits, daily sickness allowance, child benefits, parental allowance, maintenance allowance, rehabilitation, disability benefits, national pension, and reimbursement of medical expenses.

**HOW?** The application for benefits is made on FPA's website via the e-service and managed with your online banking codes. Most cases can be handled via the telephone service, you can also book an appointment or handle the cases without an appointment on Tuesdays.

**NOTE!** People living and staying in Åland cannot apply for social assistance, child home care allowance or maternity grant from FPA/Kela. Social assistance and maternity grants are managed by KST (Kommunernas socialtjänst) and the child home care allowance by your municipality. Unemployment benefits and financial aid for students are applied from AMS.

#### **CONTACT INFORMATION:**

Address: Nygatan 7 A, Mariehamn (PB 10, 00056 FPA)

Website: [www.kela.fi/web/en](http://www.kela.fi/web/en)

E-service: [www.kela.fi/web/en/e-services](http://www.kela.fi/web/en/e-services)

Telephone: Parenthood 020 692 226, Housing 020 692 230, Rehabilitation and disability allowance 020 692 225, Pensions 020 692 222, Illness and cards 020 692 224, International situations 020 634 0300



## KST

### *The municipalities' social services*

**WE OFFER:** Financial support for individuals or families when their incomes and assets are not sufficient for necessary daily expenses. In adult social work, you can receive financial assistance in the form of income support for e.g. basic living expenses, housing and health care expenses, household electricity, home insurance, childcare fees, acquisition of necessary ID documents and other similar expenses. Since the income support is a financial support that is applied for in the last resort, you should also apply for benefits from e.g. AMS, FPA or an unemployment insurance fund. KST offers maternity support for expectant mothers in the form of a maternity package or a tax-free lump sum of 224 euros, the opportunity to apply for reduced/waived client fees and various financial compensations to families with children such as preventive child protection or child protection initiatives. You can also apply for financial support according to the Disability Services Act, such as e.g. procurement of a car and necessary alterations, alterations to the home, appliances and machines needed to cope with the daily functions, extra costs for clothing and special diets due to your disability or illness.

**HOW?** Visit the KST website for further information and contact us by phone for advice and appointments. You can submit your application by using our forms or e-service.

**NOTE!** Home care support for parents who care for their children at home is applied for in your home municipality. Cancellation/reduction of municipal fees, e.g. childcare fees, is also applied for at the municipality.

#### **KONTAKT:**

Address: Skarpansvägen 30, Mariehamn. The reception is open weekdays at 9–11.30 and 12.30–15. Here you can submit documents, pick up forms and ask questions. Social workers have phone hours on weekdays at 9-10.

Website: [www.kst.ax](http://www.kst.ax)

E-mail: [socialkansliet@kst.ax](mailto:socialkansliet@kst.ax)

Telephone: You can reach the switchboard on telephone 018-532 800, weekdays at 8–16



## **The Åland Legal Aid and Interest Surveillance Agency**

### *Financial and debt counselling*

**WE OFFER:** Help to clarify your financial situation, plan your finances, and prepare suggestions for different solutions. We assist in making applications for debt restructuring at the district court, to establish a payment program at the district court and we also assist in conciliation proceedings with creditors.

**HOW?** You can handle matters with us by phone, by making an appointment, or by an online meeting via Skype. You can also handle matters anonymously via the website, where there is a webchat on Fridays between 10 and 12. The chat and Skype services are available to everyone in all legal aid districts, regardless of place of residence. You can also contact the financial and debt counselling service via an e-service and tell them about your situation. The financial and debt counselor responds to you as soon as possible, but no later than within a week.

**CONTACT INFORMATION:**

Address: Torggatan 16 A, Mariehamn

Website: <https://oikeus.fi/en/index.html> (scroll down to the bottom of the website, and click on “Financial and debt counselling” under “Judicial system”)

Mail: [aland.es@om.fi](mailto:aland.es@om.fi)

Telephone: 029 566 1803

## THE THIRD SECTOR & DEACONRY

### Deaconry

**WE OFFER:** Support for people in difficulties. We provide conversational support and guidance to make your situation better and to deal with emotional stress. We can also help filling out application forms to authorities and we have a collaboration with Matbanken. In some cases, it may be possible to get limited financial assistance if an investigation shows that there is a need.

**HOW?** You can call or make an appointment with a diaconal worker by phone or e-mail. From the diaconal worker you can get a ticket to Matbanken.

**NOTE!** Turn to your own municipality’s parish. To seek support from each parish, you must be a resident of the municipality you are seeking support from, however, you do not need to be a member of the church. You have access to Matbanken from all parishes.

#### *\* The parish of Brändö-Kumlinge*

Address: Brändö by, Brändö

Website: <https://www.brandokumlingeforsamling.fi/>

E-mail: [brando-kumlinge@evl.fi](mailto:brando-kumlinge@evl.fi)

Telephone: +358 (0) 18-561 14



#### *\* The parish of Eckerö-Hammarland*

Address: Prästgårdsgatan 41, Hammarland

Website: [www.eckero-hammarland.fi](http://www.eckero-hammarland.fi)

E-mail: [eckero-hammarland@evl.fi](mailto:eckero-hammarland@evl.fi)

Telephone: Deaconry priest +358 457 3458415  
available Monday and Tuesday at 10-12



*\* The parish of Jomala*

Address: Godbyvägen 445, Jomala

Website: [www.jomala.evl.ax](http://www.jomala.evl.ax)

E-mail: [jomala@evl.fi](mailto:jomala@evl.fi)

Telephone: +358 (0)18 32 830



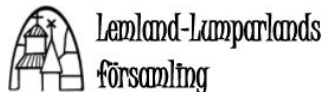
*\* The parish of Lemland-Lumparland*

Address: Lemlandsvägen 1328, Lemland

Website: <http://www.lemland-lumparland.evl.ax/>

E-mail: [lemland-lumparland@evl.fi](mailto:lemland-lumparland@evl.fi)

Telephone: +358 (0)18 34042



*\* The parish of Mariehamn*

Address: Östra Esplanadgatan 6, Mariehamn

Website: <https://www.mariehamnsforsamling.fi/>

E-mail: [mariehamns.forsamling@evl.fi](mailto:mariehamns.forsamling@evl.fi)

Telephone: +358 (0)18-5360



*\* The parish of Norra Åland  
(Finström, Geta, Sund, Vårdö)*

Address: Pålsbölevägen 258, Pålsböle

Website: [www.norraalandsforsamling.ax](http://www.norraalandsforsamling.ax)

E-mail: [norraalandsforsamling@evl.fi](mailto:norraalandsforsamling@evl.fi)

Telephone: +358 457 3613463 and +358 457 3449492



*\* The parish of Saltvik*

Address: Kvarnbo-Kyrkvägen 52, Saltvik

Website: <https://www.saltviksforsamling.ax/>

E-mail: [saltvik@evl.fi](mailto:saltvik@evl.fi)

Telephone: +358 (0)18-43260



*\* The parish of Ålands södra skärgård  
(Föglö, Kökar and Sottunga)*

Address: Kyrkvägen 106, Föglö

Website: <https://www.alandsodra.fi/>

E-mail: [alands.sodra@evl.fi](mailto:alands.sodra@evl.fi)

Telephone: +358 (0)18-50010



## Matbanken (Food bank)

**WE OFFER:** Food support to the household for those who have a temporary or long-term difficult financial situation.

**HOW?** Contact any of the parish's diaconal workers by phone. Together we do an economic review and then you can get a ticket to collect a food bag at the next distribution.

**NOTE!** Contact information for each parish.



**Matbanken**  
Åland

## Emmaus

**WE OFFER:** We have job training placements in cooperation with AMS. We also offer local aid in kind to those in hardship in the form of gift cards in cooperation with KST and others. We also arrange (unpaid) voluntary work in groups.

**HOW?** Contact us by calling or e-mailing.

**NOTE!** Aid in kind is something that cannot be applied for. The social services (KST) and others assess the needs. Job training placements are primarily commissioned by AMS or the municipality of residence.

**CONTACT INFORMATION:**

Website: [www.emmaus.ax](http://www.emmaus.ax)

E-mail: [info@emmaus.ax](mailto:info@emmaus.ax)

Telephone: +358 40 758 7062

**emmaus**  
ÅLAND

## Folkhälsan's financial counselling

**WE OFFER:** Financial counselling for individuals. If you need help creating a functioning household economy, contact us. We help with e.g. debt restructuring, payment programs, budgeting and financial planning. We often work in networks to bring together all aspects of your situation.

**HOW?** Contact us by e-mail or telephone.

**NOTE!** The counselling is free of charge, and we are bound by confidentiality.

**CONTACT INFORMATION:**

Address: Styrmansgatan 10, Mariehamn

Website: [www.folkhalsan.ax](http://www.folkhalsan.ax)

E-mail: [aland.ekonomirad@folkhalsan.ax](mailto:aland.ekonomirad@folkhalsan.ax)

Telephone: 018 527 040

 **folkhälsan**

## Lions Club

**WE OFFER:** Support for costs, the grant should be for a defined purpose. It can be rental costs, dental bills, food purchases etc. We also have the “school well-being” fund, which offers support to pupils who cannot afford clothes, equipment etc.

**HOW?** The application is sent to each club’s board by e-mail. You can also send a letter, use the application form on the website (if there is one) or the current contact information on each club’s Facebook-page.

**NOTE!** All Lions Clubs have started the project ”Skoltrivsel” (“School Well-being”) together. We do not have a separate website, but you can most easily apply by asking school staff such as a counselor or teacher, who will communicate the message, or through any of our clubs.

### **CONTACT INFORMATION:**

Åland has 6 Lions Clubs that have their own areas of operation. Contact first and foremost the club in your own municipality.

#### *\* LC Åland Freja*

(cover the entire Åland, mainly for women and children)

Website: <https://m.facebook.com/100064427780256/>

E-mail: [aland.freja@lions.fi](mailto:aland.freja@lions.fi)



#### *\* LC Åland Culinaria*

(cover the entire Åland)

E-mail: [aland.culinaria@lions.fi](mailto:aland.culinaria@lions.fi)

Website: [www.facebook.com/LCAlandCulinaria](http://www.facebook.com/LCAlandCulinaria)

#### *\* LC Mariehamn*

Website: [www.lcmariehamn.ax](http://www.lcmariehamn.ax)

E-mail: [mariehamn@lions.fi](mailto:mariehamn@lions.fi)

#### *\* LC Åland Södra*

(Eckerö, Hammarland, Jomala, Lemland and Lumparland)

E-mail: [aland.sodra@lions.fi](mailto:aland.sodra@lions.fi)

#### *\* LC Kvarnbo*

(Finström, Geta, Saltvik, Sund and Vårdö)

E-mail: [kvarnbo@lions.fi](mailto:kvarnbo@lions.fi)



## Rädda Barnen (Save the Children)

**WE OFFER:** The Children's fund caters to families with children from 0–17 years, living in an economically vulnerable position. You can contact us if you cannot afford to offer your child or your children the opportunity to participate in leisure activities or other experiences. We provide support beyond what the municipalities are required by law to provide. This can be i.e. gifts/Christmas presents, support for arranging a birthday party, bicycles and other hobby and leisure-related activities. We can also provide support for participation- and term fees for sports and cultural activities as well as activities in connection with school holidays.

**HOW?** The application requires an account of your family situation. The application is made using the electronic form available on the website. If you prefer to apply on paper, you can print out the form yourself or get an already printed form from the office to hand in.

### CONTACT INFORMATION:

Address: Norragatan 13B, Mariehamn

Website: [www.raddabarnen.ax](http://www.raddabarnen.ax)

E-mail: [info@raddabarnen.ax](mailto:info@raddabarnen.ax)

Telephone: +358 (0)18 14394



**Rädda Barnen**  
Åland

## Röda korset (Red Cross)

**WE OFFER:** Hemlandshjälpen (Domestic Aid), supported by the Disaster Relief Fund, helps victims locally, for example in the case of sudden accidents or exceptional circumstances. This may include food, clothing and other necessities as well as emergency accommodation.

**NOTE!** This cannot be applied for, but is offered when needed.

### CONTACT INFORMATION:

Address: Torggatan 26A, Mariehamn

Website: [www.rednet.rodakorset.fi/aland](http://www.rednet.rodakorset.fi/aland)

E-mail: [aland@redcross.fi](mailto:aland@redcross.fi)

Telephone: +358 (0) 40 674 10 40



**Röda Korset**

## Ungdomshuset Boost (Youth house Boost)

**WE OFFER:** Support for young people aged 15–29, who are unemployed or who are running the risk of being unoccupied. We guide and assist in contacting other authorities, filling out forms and with questions about school or job applications. Together with our youth we also manage Idrottsbanken.

**HOW?** You can contact us by visiting, calling, messaging or e-mailing us.

### **CONTACT INFORMATION:**

Address: Uppgårdsvägen 6, Mariehamn

Website: <https://boost.ax/>

E-mail: [info@boost.ax](mailto:info@boost.ax)

Telephone: +358 457 3434 138 (Executive director),

+358 457 34 49 215 or +358 457 34 34 323

(Ungdomslotsarna, Youth workers)



## Idrottsbanken (Sports bank)

**WE OFFER:** Sports equipment that you can borrow to practice various sports.

**HOW?** Contact us by a personal message or write below the picture on Facebook if you are interested, then you can come to Ungdomshuset Boost and collect the equipment. You can also call or send an e-mail using the contact information on Facebook.

### **CONTACT INFORMATION:**

Visit Idrottsbanken on Facebook: Idrottsbanken Åland

**NOTE!** You should always be in contact with each authority/  
organization to make sure you get the latest information.  
Each authority/organization is responsible for its own information.

**If you want to be visible in this brochure,  
get in touch!**

*Published by the Red Cross on Åland*

**CONTACT INFORMATION:**

Address: Torggatan 26A, Mariehamn

Website: [www.rednet.rodakorset.fi/aland](http://www.rednet.rodakorset.fi/aland)

E-mail: [aland@redcross.fi](mailto:aland@redcross.fi)

Telephone: +358 (0) 40 674 10 40

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